Confident / Shy Calm / Touchy Proud / Ashamed Sensible Easily led Gossip / chatty Lazy /Energetic Brave / Coward Happy / Sad Depressed Loner / lonely Bully Sophisticated Uneducated Snob Flirt Joker Evil / innocent Selfish / kind

## VOICE

LOUD / SOFT SMOOTH / ROUGH WHISPER /SHOUT WHINE / FIRM STUTTER /SHAKY SLUR / CLEAR GET LOUDER-SOFTER

EYES + FACE

SCREW EYES UP

WINK - BLINK

STARE - DART AROUND

NARROWED -WIDE OPEN

FLUTTER EYELASHES

SQUINT - DAYDREAM

SULK - PLEAD - FROWN

LOOK DOWN NOSE GRIN - GRIMACE

HIGH-LOW SIGH / MUTTER NAG /MUMBLE BOAST

DEMANDING ACCENT / POSH GIGGLE /GUFFAW **SWALLOW** 

# WALK



SKIP - RUN

PACE UP & DOWN

### TASK-

- 1 Choose the words [adjectives] that best describe your character.
- 2. Experiment with all these different ways of standing, speaking & moving.
- 3 Decide which ones suit your character best.

## POSTURE - ARMS - HANDS

CHEST OUT - HEAD UP/ BOWED

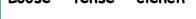
Loose - tense - clench

Scratch head - crack knuckles

Shrug - bite nails - point - jab

STOOD TALL - HUNCH -







Fiddle with hair / clothes