



PE

	GIRLS	BOYS
YEAR 7	Hockey, Netball, Rounders, Tag Rugby, Badminton, Fitness, Gymnastics, Dance, Outdoor and Adventurous Activities, Athletics, Football and Cricket	Football, Rugby League, Rounders, Basketball, Table Tennis, Cricket, Fitness, Gymnastics, Outdoor and Adventurous Activities and Athletics
YEAR 8	Hockey, Netball, Rounders, Tag Rugby, Badminton, Table Tennis, Football, Fitness, Gymnastics, Dance, Outdoor and Adventurous Activities, Athletics and Cricket	Football, Rugby League, Rounders, Basketball, Table Tennis, Cricket, Fitness, Gymnastics, Outdoor and Adventurous Activities and Athletics
YEAR 9	Hockey, Netball, Rounders, Tag Rugby, Badminton, Football, Basketball, Table Tennis, Fitness, Gymnastics, Dance, Outdoor and Adventurous Activities, Athletics and Cricket	Football, Rugby League, Rounders, Basketball, Table Tennis, Cricket, Fitness, Gymnastics, Outdoor and Adventurous Activities and Athletics

KEY STAGE 3

Pupils have three lessons over two weeks of PE and Key Stage 4 have one core hour per week (if not taken as a GCSE option). During this time a mix of activities from the above sports is followed. GCSE PE is offered at Key Stage 4 as an examination option. The GCSE syllabus follows OCR PE syllabus and the option consists of practical and theory sessions, with 40%/60% split of marks respectively.

The School's sports facilities include sports hall, changing rooms and showers, a brand new multi-purpose all-weather pitch, extensive playing fields marked out for hockey, rugby and football (winter games), rounders, athletics, softball and cricket (summer games); fully equipped gym and a fitness centre for stamina and endurance training.

We have strong links within the community, particularly with Sharlston Cricket Club. The PE staff enjoy profitable and harmonious working relationships with parents and external coaches.

YEAR 7

Each activity will take part over a four week block, some activities are revisited throughout the year, reinforcing the basics of rules, hand eye coordination, tactics, movement, leadership and applying them within a variety of situations. Pupils are encouraged to lead warm ups and evaluate their own performances.

YEAR 8

Each activity will take part over a four week block, some activities are revisited throughout the year, reinforcing rules, skills, tactics, spatial awareness, leadership and applying them within a variety of situations. Pupils are expected to lead warm ups and identify strengths and weakness in their own and peers performances.

YEAR 9

Each activity will take part over a four week block, some activities are revisited throughout the year, reinforcing rules, skills, tactics, spatial awareness, leadership and applying them within a variety of situations. Pupils are encouraged to lead small groups in skill based sessions, whilst taking the role of an official/coach. They will also be expected to take an active role in observation and analysis of performances.

KEY STAGE 4

YEAR 10 & 11

In Core PE lessons pupils take part in a wide variety of activities. These include football, rugby, netball, hockey, basketball, volleyball, table tennis, badminton, health related fitness, rounders, cricket, and athletics. All pupils experience the role of the player, coach and umpire within lessons with a great deal of emphasis on independent learning and team work. Opportunities are available for pupils who wish to develop their skills in leadership both in and out of school.

YEAR 10 & 11 – GCSE

Within GCSE PE marks are split 60% theory and 40% practical. Practical activities covered in school include, football, rugby, basketball, netball, hockey, badminton, table tennis, rounders and fitness. There is also the opportunity to be assessed in some activities outside of school. Pupils have to produce a 6 week personal exercise programme as part of their coursework.

YEAR 10 & 11 – BTEC SPORT FIRST AWARD

The BTEC Sport First Award was started last year and is a slightly more practical course than offered within the GCSE PE. It covers many areas throughout the 2 years, including Fitness for Sport and Exercise; Practical Sports Performance; Leading Sports Activities as well as many others. There is 1 exam that is taken any time during the 2 years and all other assessment are done in a controlled environment within a classroom setting.