



WEEK 1 **menu**

Monday:

Meatballs with Yorkshire pudding
Chicken curry with rice
Pasta bake
Noisettes
Carrots & peas
Eves Pudding

Tuesday:

Roast pork with stuffing
Beef lasagne
Stir fry vegetables with noodles
Roast potatoes
Sweetcorn & broccoli
Jam roll

Wednesday:

Chicken & vegetable pie
Fishcakes
Homemade pizza
Mash potatoes
Carrots & sweetcorn
Chocolate fudge cake

Thursday:

Gammon with pineapple
Beef enchiladas
Corn on the cob
Sliced potatoes
Cauliflower & peas
Lemon shortcake

Friday:

Beef & potatoe pie
Fish in batter
Vegetable lasagne
Chips
Mushy peas & sweetcorn
Bakewell tart



WEEK 2 **menu**

Monday:

Chicken & bacon lasagne
Fish fingers or fishcakes
Vegetable curry with rice
Sliced potatoes
Broccoli & sweetcorn
Chocolate & pear flan

Tuesday:

Roast beef & Yorkshire Pudding
Chilli chicken stir fry & noodles
Homemade veggie pizza
Roast potatoes
Peas & carrots
Apple crumble

Wednesday:

Chicken goujons
Cornish pasty
Cheese & onion quiche
Noisettes
Mixed vegetables & sweetcorn
Jam shortcake

Thursday:

Roast turkey
Sausage & egg pie
Mushroom & sweetcorn tagliatelle
Mash potatoes
Cauliflower & cabbage
Citrus sponge

Friday:

Beef & vegetable pie
Fish in batter
Pasta margarita
Chips
Mushy peas & sweetcorn
Rice pudding



WEEK 3 **menu**

Monday:

Lamb & vegetable pie
Chicken curry with rice
Homemade pizza
Potato wedges
Cauliflower & peas
Jam roll

Tuesday:

Roast pork
Spicy chicken enchiladas
Pasta bake
Roast potatoes
Green beans & sweetcorn
Chocolate chip sponge

Wednesday:

Steak pie
Sausage & Yorkshire pudding
Vegetable curry with rice
Creamed potatoes
Cabbage & carrots
Flan Jeannette

Thursday:

Beef lasagne
Turkey & stuffing
Cheese & onion pasty
Roast potatoes
Pineapple or jam shortcake

Friday:

Beef & potato pie
Fish in batter
Cheese omelette
Chips
Mushy peas & carrots
Chocolate fudge cake