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## FOOD PREPARATION & NUTRITION

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At **Key Stage 4** Food Preparation and Nutrition is a new, exciting and practically structured course. You will develop, through practical application, an understanding of the working property and characteristics of food ingredients and learn how these combine to create exciting nutritional dishes.

Whilst doing this you will develop your food preparation skills and working knowledge.

During Year 11 you will design, prepare and present a final menu of three dishes which will contribute to 50% of the GCSE grade.

The final 50% will be assessed by a final written examination.